



2012

PRO FITNESS SERVICES

Effective January 1, 2012

PERSONAL TRAINING SESSIONS

	<u>One</u>	<u>Five</u>	<u>Ten</u>	<u>Twenty</u>	<u>Fifty</u>
Senior Trainer	\$40	\$185	\$360	\$700	\$1700
Trainer	\$35	\$160	\$310	\$600	\$1450
Team/Student* (per person)	\$25	\$110	\$200	\$380	\$900

SPECIALTY SESSIONS

Xtremefit	\$20	\$95	\$180	\$340	\$750
Boot Camp/Saturday	\$15	\$60	\$100	\$190	\$450

CLASSES (6 WEEKS)

\$60

Paid prior to start of 6 week session. No refunds.

WEIGHT LOSS CHALLENGE

Six Week Program \$360

MEMBERSHIP (Free with 4 training sessions per month)

Monthly	\$20
Day Pass	\$10

*Student (18 years old or younger)

**All packages expire 1 year from purchase. (2 years for 50 pack.)

Hours:

Monday -Thursday 5:30am-8:00pm
 Friday: 5:30am-6:00pm
 Saturday & Sunday: 8:00am-12:00pm